#### **HEALTH CARE REFERENCE CENTER**



### **Content Includes:**

- Condition-Specific Diet Topics
- Food-Specific Diet Topics
- Nutrition Skills & Checklists
- Cultural Competencies
- Patient Education Handouts

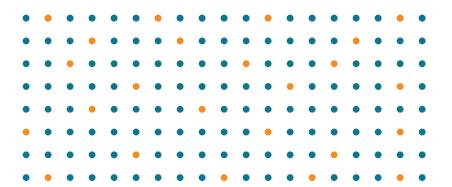
# Nutrition Reference Center™

Provide your nutritionists and dietitians with access to the most current evidence-based information on nutrition best practices. Dietitians and nutritionists have struggled in the past to find evidence-based, accurate and actionable information on best practices.

Now, users can turn to *Nutrition Reference Center*™ for access to trusted information for education, practice and research.

# **Nutrition Reference Center Provides Users With...**

- Access to unique content on everything from condition specific diets to dietetics skills and practices written by a world class team of nutritionists and dietitians.
- A streamlined user-friendly interface and a convenient mobile app.
- Seamless integration with EHRs and intranet portals ensuring easy access at the point of care.
- Customizable patient education handouts to share with patients and caregivers.
- The ability to share important best practices with department-specific folders.
- Access to high-quality CEUs



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# **Evidence-Based Methodology**

- Systematically identify the evidence
- Systematically select the best available evidence from that identified
- 3. Systematically evaluate the selected evidence (critical appraisal)
- 4. Objectively reflect the relevant findings and quality of the evidence
- 5. Synthesize multiple evidence reports
- Derive conclusions and recommendations from the evidence synthesis; obtain peer review
- 7. Change the conclusions when new evidence alters the best available evidence

## **Information You Can Trust**

All *Nutrition Reference Center* authors adhere to a strict evidence-based methodology and protocol focused on systematic identification, evaluation and consolidation

of practice-changing clinical information.

Our goal is to support nutritionists and dieticians in their decisionmaking process by providing objective and unbiased information so they can make the best decisions for their patients and clients.

#### **Mobile Access**

Nutritionists and dietitians are often on the go. Now with the *Nutrition Reference Center* mobile app, nutritionists and dietitians can get instant access, both on and offline, to information they need. The *Nutrition Reference Center* app provides user with the same rich content found in *Nutrition Reference Center* with the flexibility of accessing it anywhere they go.

Available for both Apple and Android devices, the *Nutrition Reference Center* app allows users to:

- Bookmark favorite topics and searches
- View recent search history
- Save notes on favorite topics
- Print and email content directly from their device
- Search within results
- Access patient education materials

